Baby Registry Checklist for Small Apartments

A one-of-each list for a studio or one-bedroom: one safe sleep space, one way to feed, one way to bathe and one way to get out the door. Choose gear that folds flat or does two jobs.

Safe sleep, every time: baby on their back on a firm, flat crib, bassinet or play yard mattress with a fitted sheet, and nothing else in the sleep space. Room-share without bed-sharing.

Before you add anything, ask

1. **Where will it live?** If you can't name a spot, leave it off for now.
2. **Does it fold flat or do two jobs?** Folding and multi-use gear wins.
3. **Will we use it for more than a few months?** Short-lived gear is the first to cut.

Sleep

- [ ] **One safe sleep space:** crib, bassinet or play yard that meets federal safety standards, set up in your bedroom
- [ ] **The mattress made for it,** firm and flat, with no toppers or extra padding
- [ ] **Fitted sheets** sized for that mattress (a spare for laundry day)

Feeding

- [ ] **Hook-on table chair** instead of a full-size high chair (for a sturdy table it fits)
- [ ] **Or a folding booster seat** that straps to a dining chair, for glass, pedestal or wobbly tables
- [ ] **Suction plate-placemat** so you don't need a tray
- [ ] **Sleeved bibs** for fewer outfit changes and less laundry

Bath

- [ ] **Compact infant tub** made on or after October 2, 2017; if it folds, check it locks fully open
- [ ] **Or plan sink baths** with the faucet turned off before baby goes in, and test the water is warm, not hot
- [ ] **Soft towels and washcloths**

Keep a hand on baby the whole time. Never leave baby alone in the bath.

Changing

- [ ] **Changing pad** for a sturdy dresser top, instead of a separate changing table
- [ ] **Wall anchor kit** for that dresser
- [ ] **Diapers, wipes and a small lidded bin**

Keep a hand on baby while changing.

Out and about

- [ ] **Infant car seat** that fits your car, installed before the ride home
- [ ] **Compact stroller or a baby carrier:** measure where it will live and check the folded weight against your stairs
- [ ] **Car seat install check** with a certified child passenger safety technician

Leave off the list

- ✕ Inclined sleepers and crib bumpers (including bumper pads and slat covers)
- ✕ Baby nests, pods, loungers, and weighted sleep sacks or swaddles
- ✕ Pillows, blankets and soft toys in the sleep space
- ✕ Bath seats, and car seat add-ons that didn't come with the seat
- ✕ A used car seat unless you know its full history

Before you buy or accept hand-me-downs

- [ ] Check for recalls at **cpsc.gov/Recalls** and **nhtsa.gov/recalls**
- [ ] Register each product with its maker for recall notices
- [ ] Follow each manual and its age and weight limits

By The PocketNursery Team

For general information only. Follow the AAP's safe sleep guidance and your car seat manual.